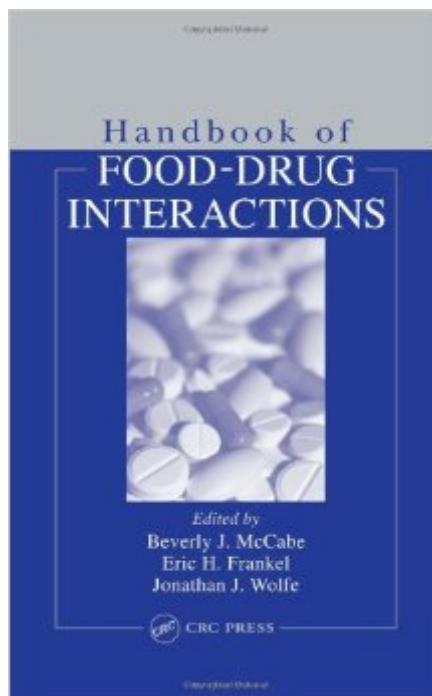


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# Handbook Of Food-Drug Interactions (Nutrition Assessment)



## **Synopsis**

With contributions from the fields of pharmacy, dietetics, and medicine, *Handbook of Food-Drug Interactions* serves as an interdisciplinary guide to the prevention and correction of negative food-drug interactions. Rather than simply list potential food-drug interactions, this book provides explanations and gives specific recommendations based on the frequency and severity of reactions. Each chapter brings together the unique talents and knowledge of practitioners in different disciplines who provide a clear, thorough treatment of this important subject.

## **Book Information**

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## **Customer Reviews**

The philosophy of interdisciplinary cooperation is clearly emphasized in this book as exemplified by the participation of various disciplines in the health care field. The evidence of cross-training is highlighted by the subject matter and the authors' backgrounds. Contributors include dietitians, pharmacists, a diabetic educator and a medical doctor. Many authors have their doctorates in their area of specialization. The editors were also multi-disciplinary as were the reviewers. The book starts the reader out with some basic concepts of pharmacy, moves on through drug biopharmaceutics, food-drug interactions and metabolism. There are some good guidelines covered on the monitoring of the nutritional status in patients on medication schedules, and a review on how aging affects drug metabolism. Gerontology and drug-nutrient considerations go hand in hand in their own unique set of assessment and recommendations. When over 85% of chronic diseases

and disabilities that the elderly face could have been prevented by nutrition interventions, this is an especially important chapter for those involved in nursing home care or care of the geriatric client in any setting. This population is also the group most prone to polypharmacy, and, thus, multiple food-drug interaction potentials. Included as well is a chapter on the importance of the role of the gastrointestinal system (G.I.) in the scheme of things.

The Handbook of Food-Drug Interactions Beverly McCabe, Eric Frankel and Jonathan Wolfe, editors. 2003. CRC Press, Boca Raton, FL ISBN 0-8493-1531-X The philosophy of interdisciplinary cooperation is clearly emphasized in this book as exemplified by the participation of various disciplines in the health care field. The evidence of cross-training is highlighted by the subject matter and the authors' backgrounds. Contributors include dietitians, pharmacists, a diabetic educator and a medical doctor. Many of the authors have their doctorates in their area of specialization. The book starts the reader out with some basic concepts of pharmacy, moves on through drug biopharmaceutics, food- drug interactions and metabolism. There are some excellent guidelines covered on the monitoring of the nutritional status in patients on medication schedules, and a review on how aging affects drug metabolism. Gerontology and drug-nutrient considerations go hand in hand in their own unique set of assessments and recommendations. When over 85% of chronic diseases and disabilities that the elderly face could have been prevented by nutrition interventions, this is an especially important chapter for those involved in nursing home care or care of the geriatric client in any setting. This population is also the group most prone to polypharmacy, and, thus, multiple food-drug interaction potentials. Included as well is a chapter on the importance of the role of the gastrointestinal system (G.I.) in the scheme of things.

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